

If you are self-isolating, we can help

If you are self-isolating due to coronavirus the Community Hub (COVID-19) can help you with:

- Picking up shopping
- Picking up medication
- A friendly phone call

Please visit www.westsussex.gov.uk for further details or contact the Helpline on 033 022 27980



Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). WASH YOUR HANDS regularly. Items should be left on your doorstep.



Remember...

- **No volunteer should ask for the exchange of money or bank card details**
- **Nobody should enter your property**
- **All items should be left on the doorstep**
- **If you have concerns with callers at your doorstep, please call Arun District Council 01903 737500 or 999 if it is an emergency and you feel at risk.**

Your personal information

West Sussex County Council's Privacy Statement provides clear information on how we handle and protect your personal information and is available for you to read via our website at: www.westsussex.gov.uk/privacy-policy